



1 in 4 have hypertension¹



Almost 2 in 3 patients with hypertension also have high lipid levels²



CHECK AND CONTROL





YOU CAN PREVENT CVD

7 specific patient profiles³ who should have their blood lipids measured in the near future:

Patients who had been treated with a **statin** in the past but have **now discontinued therapy**.

Patients on statin therapy who had their **lipid profile measurements over 12 months ago**.

Patients on statin therapy who **have not achieved their target cholesterol levels**.

Patients whose **health has worsened** (e.g. weight gain, poor BP control, sleeping problems, and non-classical risk factors such as erectile dysfunction).

Patients with **unfavourable changes in their lifestyles** (e.g. less physical activity, smoking, more stress).

Patients with **high or very high cardiovascular risk**.

Patients **aged over 40** who have never had their lipid profiles measured.

USE ♥ TO RECOGNIZE PATIENTS AT CV RISK AND SAVE LIVES

CV(D) – cardiovascular (disease), BP – blood pressure

References: 1. WHO: Hypertension [internet]. World Health Organization, 2021 [cited 2021 Jul 18]. Available from: https://www.who.int/health-topics/hypertension#tab=tab_1. 2. Perrone V et al. Treatment with Free Triple Combination Therapy of Atorvastatin, Perindopril, Amlodipine in Hypertensive Patients: A Real World Population Study in Italy. High Blood Pressure & Cardiovascular Prevention 2019;26(5):399-404. 3. Recommendations for lipid measurement were prepared in cooperation with Polish Society of Family Medicine and Polish Society of Civilization Diseases.



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